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For Immediate Release

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News Release

“Partnering on the Importance of a Clean Neighbourhood”

Thoughts of spring and warmer weather often turn to the task of spring cleaning. While it is always nice to clean out over flowing closets and get winter clothes stored away, it is important to remember to clean up outside as well.

Prairie North Health Region reminds people of the importance of keeping their yard and neighborhoods clean and litter free. “Cleaning up your yard, boulevard and back alley shows that you care about your neighborhood,” says Erin Bland, PNRH Health Promotion Coordinator. “It can provide an opportunity to get to know your neighbours and to be a good role model for youth in your community.”

While you are outside cleaning up, it is important to remember to be safe. “It is a good idea to wear a pair of gloves and when you are done, always wash your hands well. Also, be aware of what you are picking up as some items might require special disposal such as dirty needles and broken bottles,” says Bland.

Prairie North Health Region has created a handout “What Do You Do When You Find a Needle in the Community” with information on how to properly deal with a needle. The handout is available on the Prairie North website www.pnrha.ca under the “Your Health” and “Preventing Injury & Illness” sections. Copies of this handout may also be picked up at your local Community Health Services office. It is important to ensure that your child knows to **never** touch or pick up a used needle. If your child finds a needle, he or she needs to get help from an adult.

If you have any questions on how to partner with Prairie North Health Region in cleaning up your neighborhoods, please contact Erin or Kim at healthyme@pnrha.ca.

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MEDIA:

For more information, contact:

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